



Visions of the Heart
Spiritual Life Center

**An interfaith, interspiritual place of love, truth, wisdom, and
community
In the Heart of the Divine**

presents

Healing Hearts Meditation Circle

Tuesdays, 7:00-8:00pm
@ Liz Lerman Dance Exchange, Studio 3
7117 Maple Avenue
Takoma Park, MD
(2-1/2 blocks from Takoma Metro Station~Red Line)

“It is said that the greatest treasures are those invisible to the eyes, but are found in the heart. As we heal our hearts, we unlock those sacred treasures.”
Rev. Anthony Farmer

Meditation circle consists of:

- Affirmation/Sacred reading/Prayer
- Meditation/Guided Meditation/Visualization
- Healing Circle (for self, family, community and the world)

There is no fee. However, donations are accepted; suggested donation \$5. Ten-percent (10%) of proceeds go to Visions of the Heart Spiritual Life Center Sacred Giving. The funds are shared with community organizations serving infants, youth, adults and elders)



Rev. Anthony Farmer, Co-founder and Minister of Visions of the Heart Spiritual Life Center, facilitates the meditation circle. Visions of the Heart Spiritual Life Center is an interfaith, inter-spiritual place of love, truth, wisdom and community in the Heart of the Divine. For information, contact Rev Anthony info@visionsoftheheart.org or 1-202-413-9115

Visions of the Heart Spiritual Life Center
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